

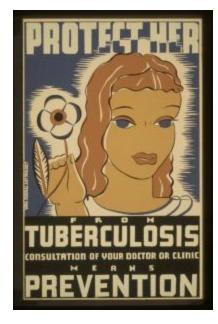
innovating to save lives



Integrating TB Case Finding Into Maternal Health Services

Stacie C. Stender 26 October 2011







Jhpiego: Innovating to Save Lives

Jhpiego prevents the needless deaths of women and their families

U.S. Headquarters

Founded 1973

- Affiliate of Johns Hopkins University
- Experience in 154 countries, currently working in 58

900 employees worldwide

 Technical expertise in family planning, maternal and newborn health, infection control, innovations, and infectious diseases (HIV/AIDS,TB, malaria in pregnancy, cervical cancer)

Jhpiego's Approach

- Jhpiego save lives by:
 - Building local human resource capacity
 - Working in partnerships with government, nongovernmental organizations, universities, professional associations and communities
 - Strengthening health care systems
 - Developing evidence-based innovations & sharing best practices





Partnership for Accelerating TB Implementation

























The Maternal and Child Health Integrated Program

- USAID Bureau for Global Health's flagship maternal, newborn and child health program
- Working in over 30 countries worldwide
- MCHIP supports programming and opportunities for integration in MNCH, immunization, FP, infectious diseases, wat/san, urban health, HSS

The Statistics. Every year . . .

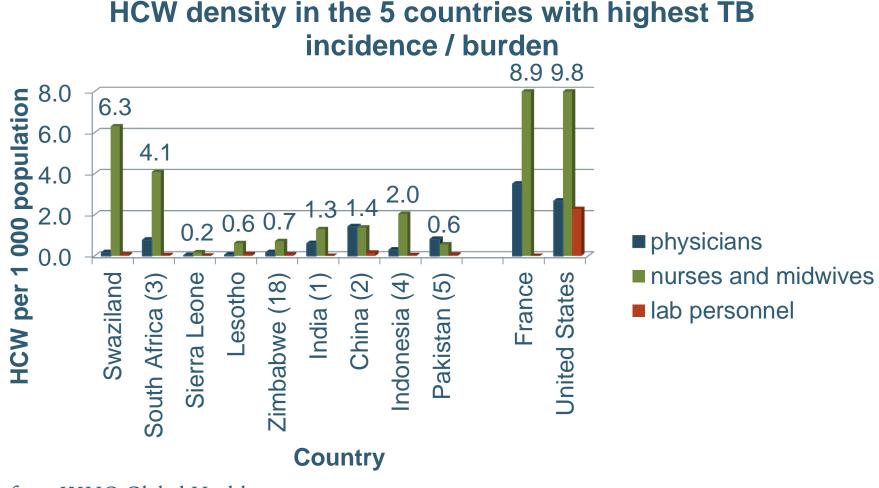
150,000,000	women become pregnant
75,000,000	unwanted pregnancies
20,000,000	unsafe abortions
10,000,000	maternal morbidities
358,000	maternal deaths
7,500,000	stillbirths and newborn deaths

Special theme – Health workforce retention in remote and rural areas

Wanted: 2.4 million nurses, and that's just in India

In most countries of the world there is a shortage of nurses but nowhere is it so acute as in the developing world. With International Nursing Day on 12 May 2010, Kathryn Senior investigates.

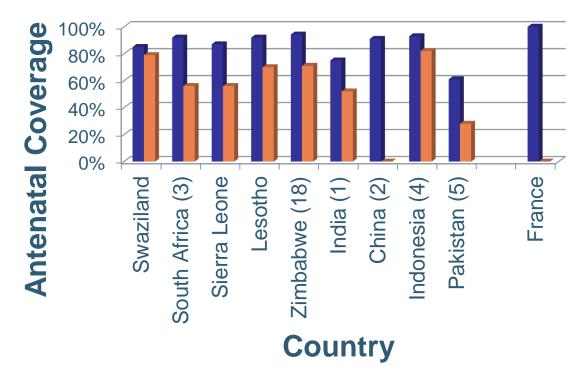
Who Provides Healthcare Services?



Data from WHO Global Health Atlas, accessed online Oct 2011

Opportunities...

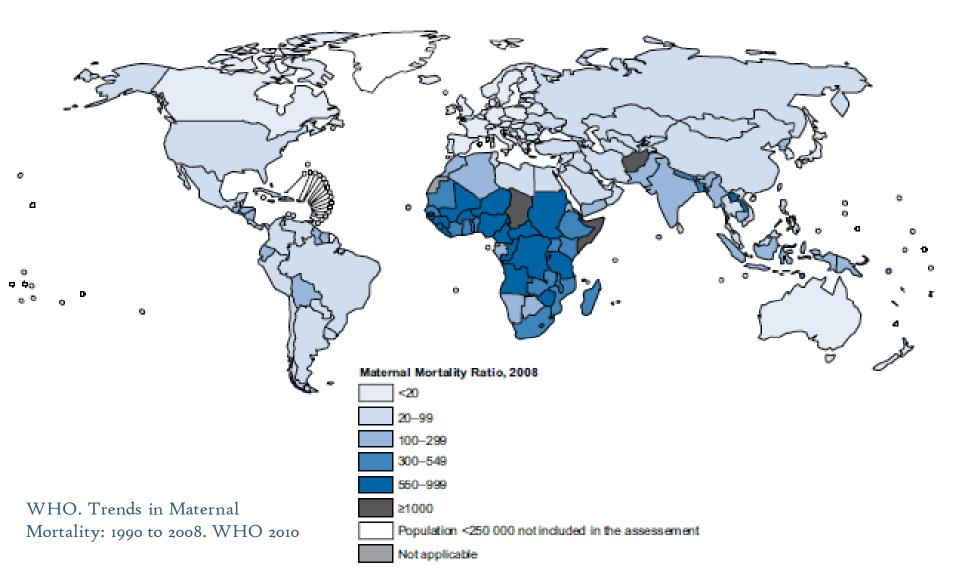
ANC coverage in the 5 countries with highest TB incidence / burden



ANC coverage, at least one visit

ANC coverage, at least four visits

Maternal Mortality Ratio, 2008 (deaths per 100 000 live births)

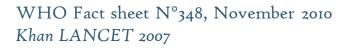


Maternal Death (definition)

- The death of a woman while pregnant or within 42 days of termination of pregnancy
 - regardless of the site or duration of the pregnancy
 - from any cause related to or aggravated by the pregnancy, but not by accidental or incidental causes.
 - Direct: obstetrical complications of pregnancy, labor or the postpartum period
 - Indirect: previously existing diseases, or diseases arising during the pregnancy which are aggravated by the physiologic effects of pregnancy

Maternal Deaths

- 99% occur in developing countries
- >50% occur in Africa
- 80% due to:
 - Severe bleeding
 - Infections
 - Eclampsia
 - Obstructed labor
 - Unsafe abortion



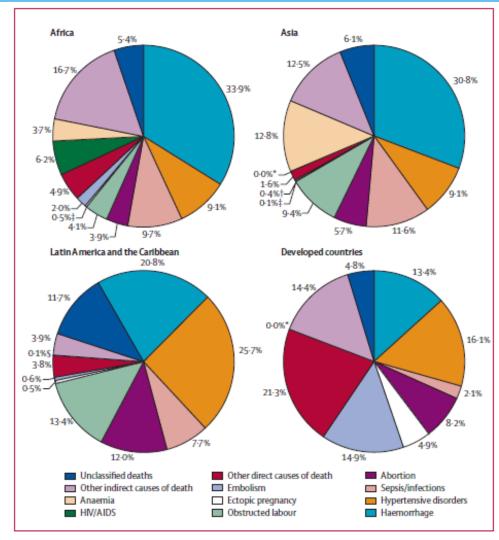
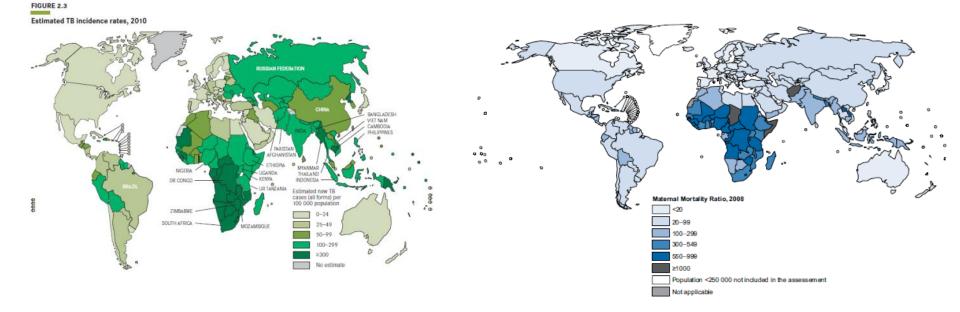


Figure 3: Geographical variation in distribution of causes of maternal deaths *Represents HIV/AIDS. †Represents embolism. ‡Represents ectopic pregnancy. SRepresents anaemia.

Overlapping Epidemiology

TB Incidence

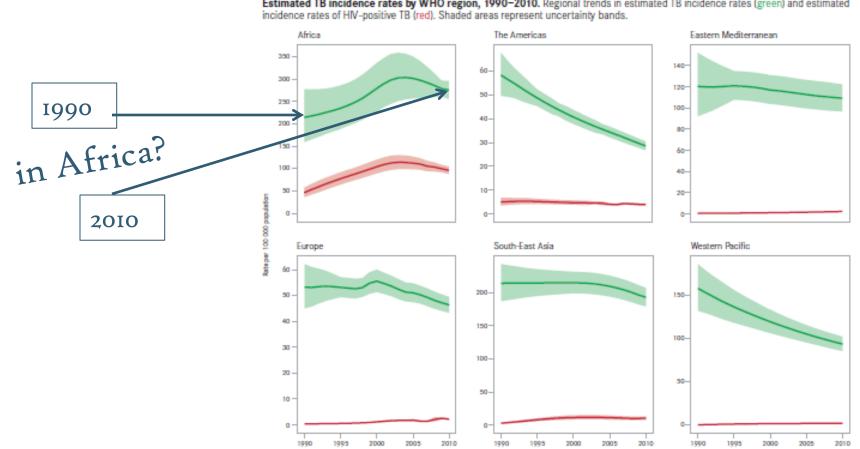
Maternal Mortality Ratio



TB Cases Fall for First Time

By THE ASSOCIATED PRESS

The World Health Organization says the number of people with tuberculosis has been falling. A report issued on Tuesday estimated that 8.8 million people became ill last year, down from a peak of about 9 million in 2005.



Estimated TB incidence rates by WHO region, 1990-2010. Regional trends in estimated TB incidence rates (green) and estimated

WHO. WHO Report 2011: Global Tuberculosis Control

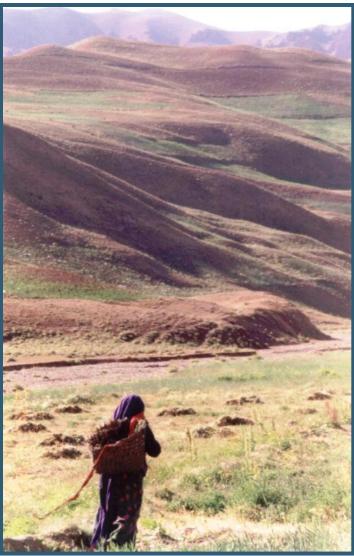
The Three Delays Model of Maternal Mortality... Applies to TB Mortality

Delay in

- I) decision to seek care
- 2) reaching care
- 3) receiving care



Thaddeus S, Maine D. Too far to walk: maternal mortality in context. Soc Sci Med 1994;38:1091-1110.



Too far to walk: TB & HIV mortality in

context

Factors Affecting Utilization and Outcome	Phases of Delay
Socioeconomic / Cultural Factors	Phase I: Deciding to Seek Care
Accessibility of Facilities	Phase II: Identifying and Reaching Medical Facility
Actual Quality of Care Poorly staffed facilities •Staff numbers	Phase III: Receiving Adequate and Appropriate Treatment
 Competency of personnel Poorly Equipped Facilities Unavailability of blood Unavailability of drugs Unavailability of other equipment 	Index of suspicion among healthcare workers (midwives)
 Hard currency problems Inadequate management Incorrect diagnosis and action 	Taken from Thaddeus S, Maine D. Too far to walk: maternal mortality in context. Soc Sci Med 1994;38:1091-1110.

Framework for Engagement

- Advocacy
- Policy
- Education and training
- Facility-based implementation



Advocacy in Other Circles



Global Maternal Mortality Fact Sheet

"Women are not dying because of diseases we cannot treat... They are dying because societies have yet to make the decision that their lives are worth saving."

Mahmoud Fathalla

MATERNAL MORTALITY

- Nearly every minute a woman dies in pregnancy or childbirth. In 2005, an estimated 536,000
 women died due to complications developed during pregnancy and childbirth¹ and 10 million more
 suffered debilitating illnesses and lifelong disabilities.^{II} Seventy-five percent of maternal deaths occur
 during childbirth and the post-partum period.^{III} The vast majority of maternal deaths are avoidable when
 women have access to vital health care before, during and after childbirth.^{IV}
- Pregnancy and childbirth are the leading causes of death and disability for women in developing countries.^V Complications during pregnancy and childbirth include uncontrolled bleeding, obstructed labor, infection and high blood pressure.^M Societal factors include gender discrimination and social, cultural, legal, economic and logistical barriers that deny women lifesaving health care.
- Skilled health workers at delivery are key to improving outcomes. Risks of mortality for women
 and their babies are highest at the time of birth.⁴⁴ Sixty-two percent of births in the developing world are
 attended by skilled health workers including midwives as well as doctors and nurses with midwifery
 skills up from less than half in 1990.⁴⁶ Coverage, however, remains low in Southern Asia (40 percent)
 and sub-Saharan Africa (47 percent) the two regions with the greatest number of maternal deaths.⁴⁴
- Maternal deaths are the greatest health inequity of the 21st century.^x Ninety-nine percent of maternal deaths occur in developing countries. In sub-Saharan Africa, the chances of dying in pregnancy or childbirth can be as high as 1 in 7, compared with just 1 in 8,000 in western Europe.^{st xit} Worldwide, women giving birth in urban areas are twice as likely to be attended by skilled health workers as those in rural areas.^{xit} Similarly, 84 percent of women who have completed secondary or higher education are attended by skilled workers during childbirth.^{xiv}
- Despite progress in regions where maternal health has been prioritized, only 23 countries are
 on target to meet United Nations Millennium Development Goal 5 to reduce maternal mortality
 by 75 percent and to achieve universal access to reproductive health services by 2015.^{xv} At the
 global level, maternal mortality decreased by less than 1.5 percent annually since 1990 far below the
 5.5 percent annual improvement needed to reach the target.^{xvi xvii}

"Pregnancy and childbirth are the leading causes of death and disability for women in developing countries."

Advocacy

- The Unusual Suspects at the table
- International Confederation of Midwives Congress, June 2011



Midwife-driven Interventions

to prevent, diagnose, care, treat and support women and children infected and affected by TB & HIV

and	cinquen intected and a	
	ТВ	HIV
Prevention	Respiratory infection prevention and	Primary HIV prevention: condoms, early
	control	infant male circumcision
	TB preventive therapy (IPT) in HIV	Reproductive choices for women living with
		HIV
	BCG for newborn	Prevention of infant HIV acquisition during
	TB preventive therapy for TB contacts	pregnancy & childbirth: ARVs for mother
	< 5 years old	Prevention of infant HIV acquisition during
		breast feeding: NVP for exposed infant
Diagnosis	TB screening	Provider Initiated Testing and Counselling
	Prompt laboratory diagnosis (sputum	(PITC)
	smear)	WHO Clinical Staging
	Other investigations	CD4 Count
		Other laboratory investigations to initiate
		treatment
	Recognizing common signs &	PITC of infant at 6 weeks & again after
	symptoms in children	cessation of breastfeeding

Midwife-driven Interventions

to prevent, diagnose, care, treat and support women and children infected and affected by TB & HIV

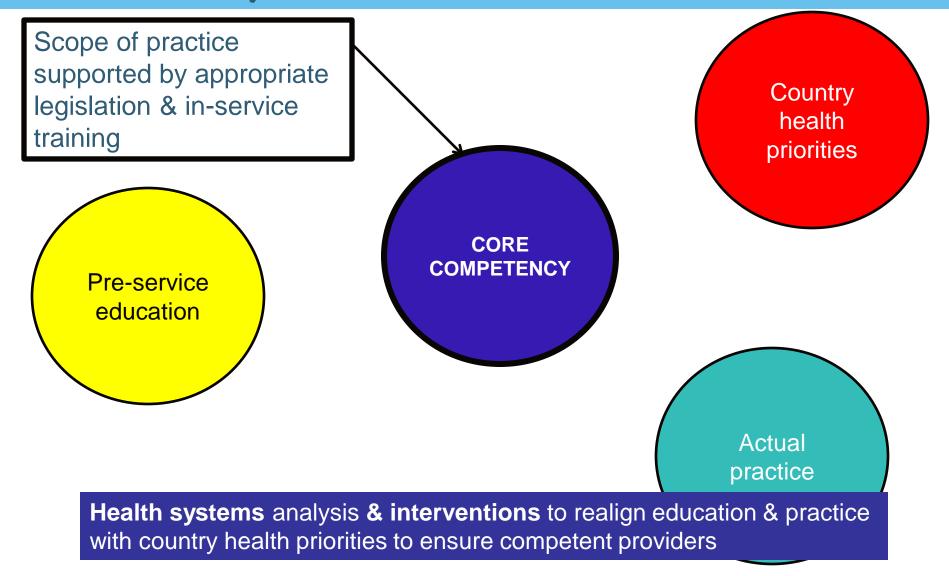
	ТВ	HIV
Care,	Prompt initiation of TB treatment	Cotrimoxazole preventive therapy (CPT)
Treatment & Support	Management of side effects & drug interactions	Antiretroviral therapy (ART) for women who need it for their own health
	Adherence support	Cervical cancer screening
	Supervision of community workers	Adherence support
		Supervision of community workers
	TB contact screening and investigation	Exclusive breastfeeding support
		CPT for exposed infants
		ART for infants diagnosed with HIV

Policy

- Integration must be cultivated in international forums
 - WHO meeting seeking operational policy guidance for NGO/CSO engagement in community-based TB activities
- TB symptom screening can be successfully integrated into Focused Antenatal Care (FANC) and Postnatal Care (PNC) platforms



TB & HIV competencies & pre-service education: the reality in much of Sub-Saharan Africa



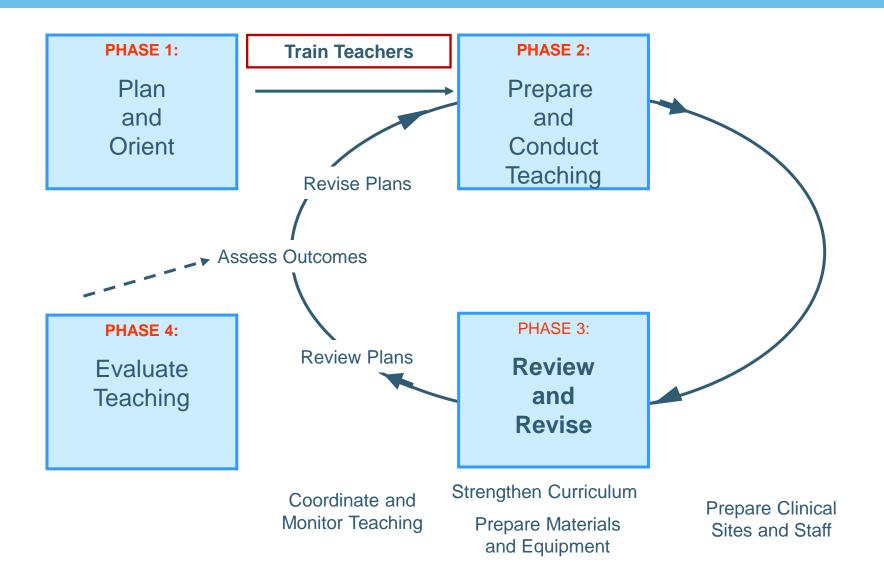
Education

- What is the 'gold standard' of TB diagnosis?
- a) Culture
- b) Microscopic examination for AFB
- c) Chest xray
- d) Tuberculin skin test (TST)

asked of 20 Educators and Preceptors in southern Africa...

one person answered A

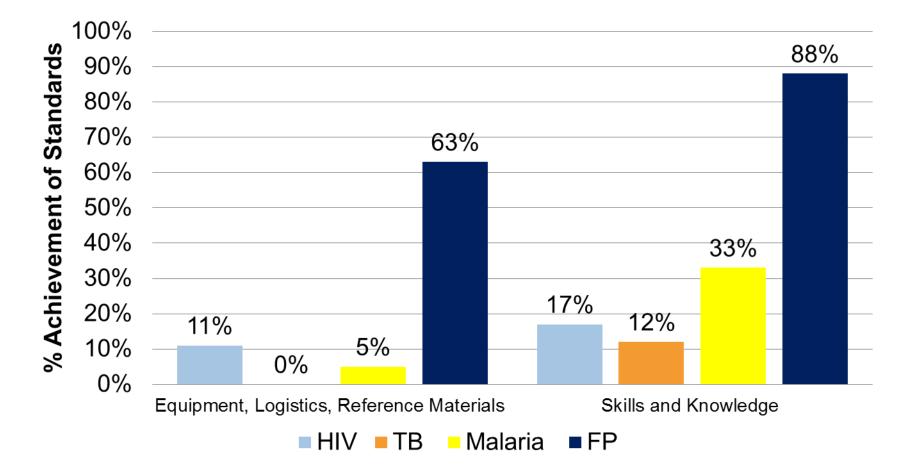
Pre-Service Education Interventions



Pre-service Preparation Analysis: Methodology

- Human resources, infrastructure, equipment and materials of education institutions
- Faculty & student competence of specified technical content
- Technical content mapping
- Teaching and assessment methodology
- Focus group discussions (faculty and students)

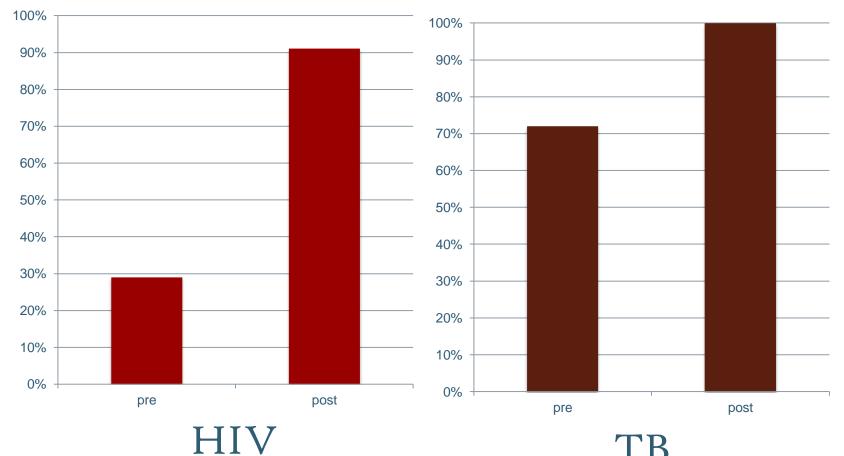
Summary Assessment Results in west Africa ...



Sample Strategy

- First focus on technical knowledge and skills update for educators *and preceptors*
- Ensure that all schools receive required teaching and resource materials
- Follow up training on teaching skills with knowledge and skills revision

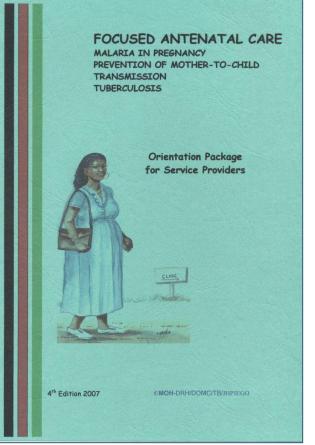
Technical Update: Sample Questions



Which is a normal CD4 count?:

First line drugs used in the treatment of TB include:

In-service Training: FANC in Kenya



This orientation package focuses on the content of quality:

- Focused Antenatal Care
- Intermittent Preventive Treatment
- Malaria Case Management
- PMTCT
- TB screening in pregnancy
- TB case management and referral
- Enhancing linkages within the existing structures in provision of comprehensive FANC
- Community role in promotion of care seeking behavior.

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FANC in Kenya

Objective one: Early detection and treatment of Problems

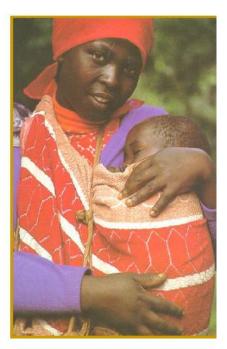
- Service providers should identify existing medical, surgical or obstetric conditions during pregnancy. Such as:
 - Severe anaemia (Hb <7gm/dl)
 - Vaginal bleeding
 - Pre-eclampsia (increased BP, severe oedema)
 - STI's, HIV/AIDS, TB and Malaria
 - Chronic diseases (diabetes, heart or kidney problems)
 - Decreased/absent foetal movement;
 - foetal malpresentation after 36 weeks

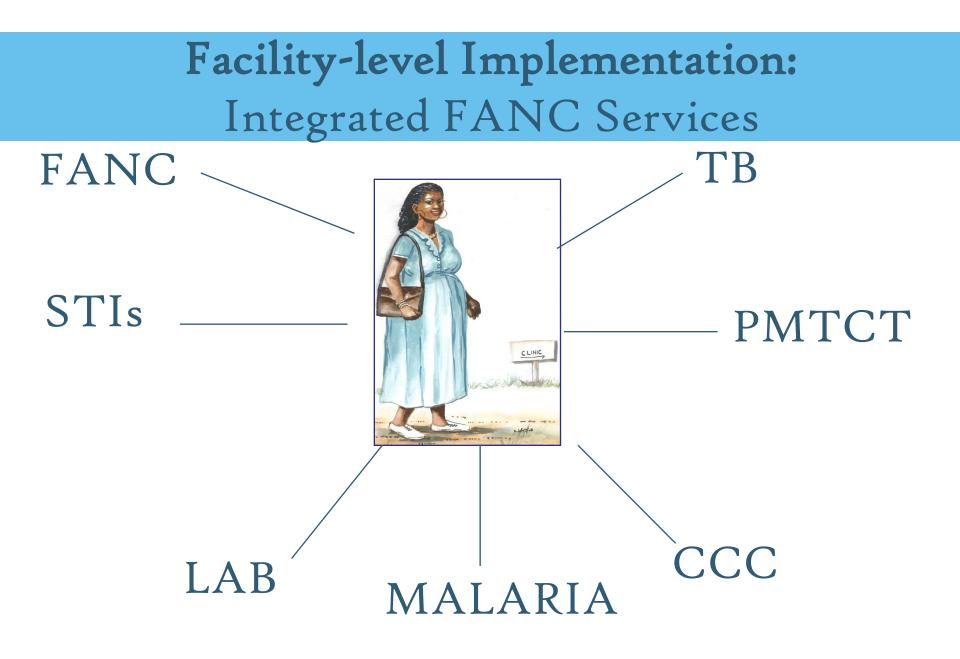
and PNC





Integrating Tuberculosis screening in postnatal period





TB in Pregnancy Management Cycle

ANC nurse follows up, lab results/ TB clinic management so far

Lab provides results in written form to the client to give to ANC nurse and TB clinic if indicated Triage at ANC nurse screens for symptoms of TB



Client returns in the morning Lab collects #2 and #3 if indicated Refers to lab or to TB clinic, depending on symptoms

Lab collects spot sputum #1

Specific Challenges of TB Case Finding in MCH

Kenya

- no routine collection of data in the monthly summary sheets
- TB data summary sheet does not specifically capture referrals from ANC

South Africa

- Provider bias of screening women perceived to have a higher risk of TB*
- Poor clinical staff moral and motivation*
- High rates of extrapulmonary TB harder to screen and diagnose

*Gounder et al. JAIDS 2011; 57: e77-384



- G Greet her in a friendly manner
- A Ask if she has made an individual birth plan
- Tell her about danger signs (see back)
- H Help her make en indrinduar on ar pran
- E Explain about malaria, intermittent preventive treatment, insecticide-reated educes, tuberculosis (TB) and safer sex

Remind her about dangers signs, individual birth plan and

4 ANC visit schedule (< 16 weeks; 16-28; 28-32; 32-40)

REMEMBER TO ASK ABOUT HER INDIVIDUAL BIRTH PLAN

- Does your client know when her baby is due?
- Has she identified a skilled birth attendant?
- Has she identified a health facility for delivery/emergency?
- Can she list danger signs in pregnancy and delivery?
- Has she identified a decision-maker in case of emergency?

- Does she know how to get money in case of emergency?
- Does she have a transport plan in case of emergency?
- Does she have a birth partner for the birth?
- Has she collected the basic supplies for the birth?
- Has she identified a blood donor?

BEFORE THE WOMAN LEAVES YOUR CLINIC, STOP AND ASK HER IF SHE:

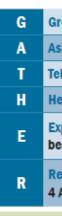
- Has a supply of iron and folate tablets
- Has taken her SP and has had her tetanus toxoid injection
- Knows her appointment for the next ANC visit and second dose of SP
- Has a birth plan

- Knows to return for postpartum care within 3 days of birth
- Has a method of postpartum family planning in mind
- Knows the signs and symptoms of TB and has been screened if indicated
- Knows her HIV status

You have now prepared your client!

Tools

to assist with integration



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FAMILY PLANNING

- · Healthy spacing: couples should wait two years after delivery before they become pregnant for the healthiest outcome
- · Fertility can return before menses: most methods of family planning are safe while breastfeeding
- Use of family planning permits the mother to breastfeed her baby for a full two years
- Lactational Amenorrhoea Method (LAM)
 - Exclusive breastfeeding
 - Amenorrhea
 - Infant <6 months
- Postpartum IUCD: safe, effective and can receive just after birth

DANGER SIGNS

- In Pregnancy
- Vaginal bleeding
- Convulsions
- Severe headaches with blurred vision
- Fever and too weak to get out of bed
- Severe abdominal pain
- Fast or difficult breathing

HISTORY

Personal information

b Jhpiego

- Obstetric information •
- Medical/surgical history ٠
- ٠ Family and social history

IF HIV POSITIVE

٠ Refer to local HIV/PMTCT management guidelines

TUBERCULOSIS

Symptoms

Cough, weight loss, night sweat • fevers

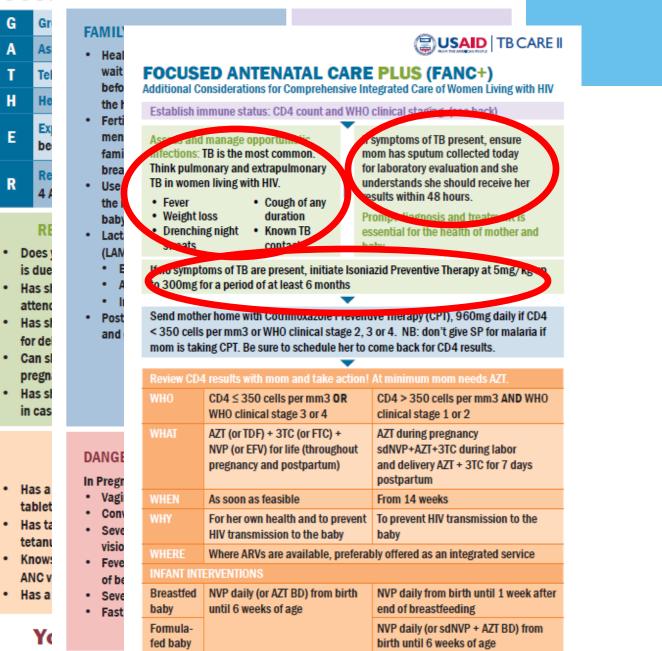
LISIC

HIV/AIDS Specific

- · Check for oral candidiasis, PPE, seborrheic dermatitis, zoster
- In Labour
- Same as the signs in pregnancy plus:
- Labour pains for > 12 hours ٠
- Waters break and not in labour after six hours
- Heavy bleeding after delivery (pad/cloth soaked in less than five minutes)
- Placenta not expelled one hour after birth

Tools





Tools



G Gr	
A As	FAMIL (BUSAID TB CARE II
T Tel	Heal wait FOCUSED ANTENATAL CARE PLUS (FANC+)
	befo Additional (
H He	the I Establish WHO Clinical Staging
E be	Ferti Men Assessment Assessment Assessment Assessment Stage 1 • Asymptomatic • Persistent generalized lymphadenopathy (PGL)
R Re	 fami brea Think pult Use TB in wom the Fever Woight Weight loss < 10 % of body weight Minor skin disease: seborrheic dermatitis, fungal nail infections, recurrent oral ulcerations Weight loss < 10 % of body weight Herpes zoster, within the last 5 years Recurrent upper respiratory tract infections; i.e., bacterial sinusitis
RE Does j is due Has sl attend Has sl for de	baby • Weight • Lact Drench (LAN Stage 3 • E Maximum • A 0.300mg • In • Unexplained chronic diarrhea > 1 month • Post Send mot and < 350 cel • Post and
 Can sl pregn Has sl in cas 	mom is ta Stage 4 • HIV wasting syndrome • Invasive cervical cancer Review CL • Pneumocystis jirovecii pneumonia • HIV associated nephropathy or cardiomyopathy WHO • Cryptosporidiosis with diarrhea > 1 month • Any disseminated endemic mycosis (i.e. histoplasmosis, coccidioidomycosis)
 Has a tablet Has ta tetanı Knows 	WHAI cryptococcal meningitis • Candidiasis of the esophagus, trachea, bronchi or lungs DANGE • Cytomegalovirus (CMV) disease of an organ other than liver, spleen or lymph nodes • Atypical mycobacteriosis, disseminated • Vagi • Herpes simplex virus (HSV) infection, mucocutaneous > 1 month, or visceral any duration • Non-typhoid Salmonella septicemia • Seve • Progressive multifocal leukoencephalopathy (PML) • HIV encephalopathy
ANC v • Has a	of be INFANT IN Seve Breastfed baby Fost Debug TB CARE II, is funded by United States Agency for International Development (USAID) under fed baby Cooperative Agreement Number AID-OAA-A-10-00021 The project team includes prime recipient

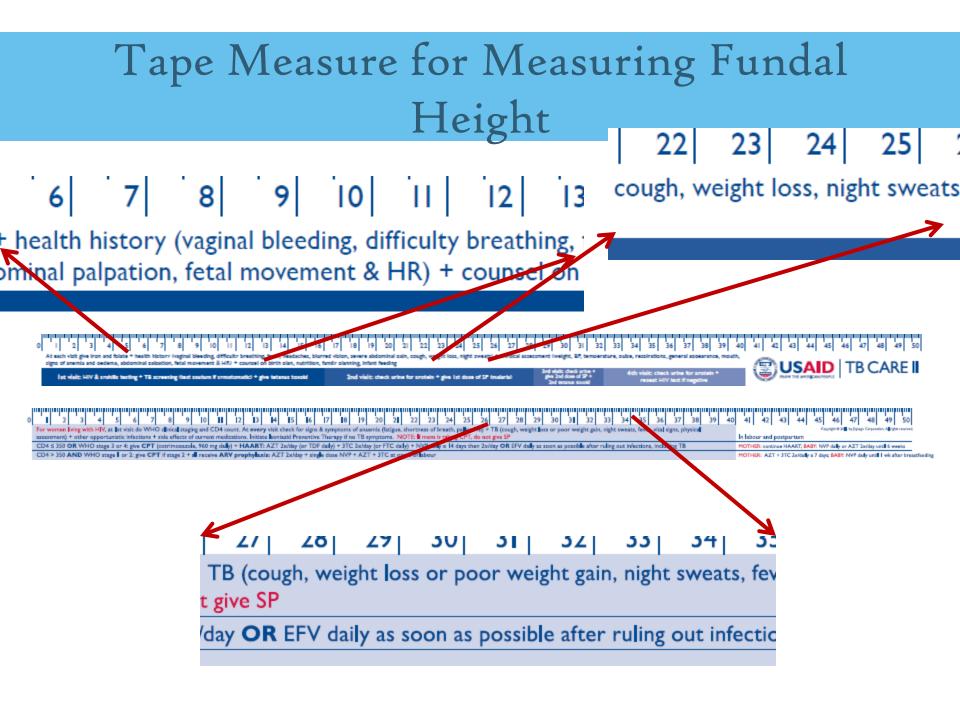
Tools

TB CARE II, is funded by United States Agency for International Development (USAID) under Cooperative Agreement Number AID-OAA-A-10-00021. The project team includes prime recipient, University Research Co. LLC (URC) and sub-recipient organizations Ibniego, Partners in Health

University Resear



Jhpiego.



Recommendations

- Campaigns on 8 March, 5 May not just 24 March and 1 December
- Invite the *un*usual suspects to forums where policy decisions are made – TB case finding does not start with NTPs
- Ensure educators and preceptors have adequate knowledge, attitude and skills in technical content – include them in technical updates
- Foster linkages between educational institutions and facilities



Recommendations

- Create culture of thinking in clinical care rather than vertical integration of disease detection
- Patient-centred care: the fewer the referrals the more likely prompt diagnosis and treatment a possibility
- Maintain cognizance of HRH crisis and that providers predominantly don't think or work vertically
- PPV / NPV balance when determining how to screen
 - Taking HIV prevalence into consideration
 - PMTCT vs FANC vs PNC vs EPI platforms

Merci









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