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Integrated TB/HIV project for drug users in Kazakhstan

**Accelerating the implementation of collaborative
TB/HIV activities in the WHO European Region**

16-17 July, Vienna, Austria



Preconditions

- High TB rate
- Increasing number of MDR cases
- Increasing number of HIV cases
- Concentrated epidemic - of IDUs infected HIV



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- HIV significantly increases risk of active TB in patients with latent infection
- HIV significantly increases risk of TB re-infection
- TB is the main cause of death among HIV positive people
- In Kazakhstan – TB is diagnosed in 45.8% of HIV cases; 32% of deaths among HIV patients is associated with TB



Expected results

- Effective model of psychosocial assistance to patients with co-infection is set up
- TB prevention measures among PLWHA, key groups (IDU, SW)



Project focus:

- Awareness**
- Early diagnosis**
- Decrease default rate**



Target group

- **TB/HIV patients on post-hospital phase**
- **PLWH, IDU, SW**
- **Clients family members**
- **Communities**



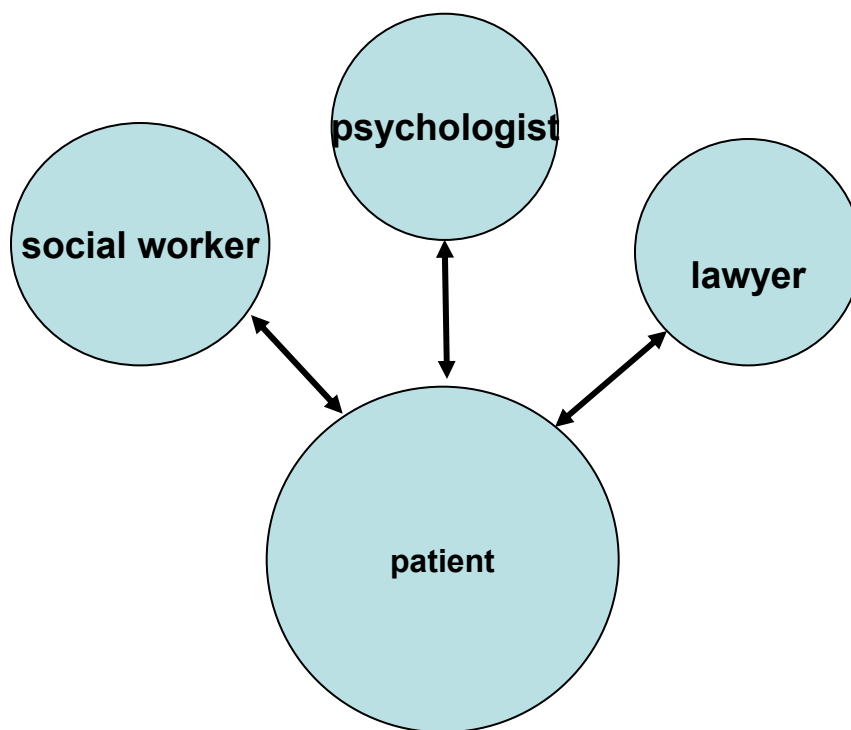
Needs assessment

- Limited access to health services
- Social disadaptation of patients
- Stigma and discrimination
- Lack of easily accessible and relevant information about risks of TB/HIV ways of transmission and prevention



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Multi-disciplined team





Member's roles

Psychologist,

to support and monitor therapy adherence,

- psychosocial counseling of patients and his close relatives or friends
- intensive interactive and individual counseling
- facilitation of group discussions and support groups



Member's roles

- Social worker:
 - Analyzing patients life style and his/her needs to ensure adherence to the treatment.
 - Working with patient's families to ensure support
 - Counseling, support in diagnostics (x-ray, HIV test)
 - Social assistance in the form of food parcels, and hygienic kits



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- Member's roles

Lawyer:

- Advocating for the interests and rights of the patients, aimed to create favorable atmosphere, where the rights of our patients and their families are protected and encouraged
- Legal advice and guidance of patient.



Stigma and discrimination

- Client participation in planning and implementing campaigns targeting HIV and HIV related stigma.
- Raising awareness about forms, reasons and impact of stigmatization and discrimination among general population
- Conducting information campaigns on raising awareness and knowledge about HIV and TB





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THANK YOU!